

# Easter Holiday activities

## Day Camps

Day Camps are designed to stimulate and entertain your children. Each day consists of a mixture of sports, arts and crafts, team games and use of our 816 gym.\* All activities are supervised by our professional, enthusiastic and friendly staff.

- If staying for a full day a packed lunch should be brought along with plenty of drink. We have vending machines on site for children to purchase refreshments.
- Age:** 5 - 7yrs (Pirates) and 8 - 14yrs (Buccaneers)
  - Time:** Full Day 8.30am - 5.30pm  
Morning 8.30am - 12.00noon  
Afternoon 12noon - 5.30pm
  - Price:** Full Day 1st Child £19.50  
Full Day 2nd Child £15.50  
Weekly Price week 1:  
1st Child £70.00  
2nd Child £62.00  
Weekly price week 2 :  
1st Child £87.50  
2nd Child £77.50  
Half Day 1st Child £12.50  
Half Day 2nd Child £8.50
- Drop-off and Pick-up:  
Pirates and Buccaneers: Studio 2  
\*Induction required

## Crafty Kabin

Badge making, face painting and all different types of arts and crafts, topped off with time in Pirates Paradise or on the inflatable.

- Date:** Monday 12 April
- Age:** 5 - 8yrs
- Time:** 9.30am - 12.00noon
- Price:** £7.70

## Messy Kids

This session is extremely popular with our younger members and consists of a fun-filled morning of art, crafts and initiative ways of creating pieces of art. Children should wear old clothing as they are likely to get messy!

- Date:** Wednesday 7 and 14 April
- Age:** 3 - 5yrs
- Time:** 9.30am - 12.00noon
- Price:** £7.70



# In the Pool

## Inflatable Fun Time

Our 14 metre pool inflatable is challenging to say the least not to mention the leisure attendants aiming freezing cold water at you! Think you can conquer it? Come and give it a try! The main pool has a section with a selection of fun floats to play games with. The Learner pool is also open with fun floats for those slightly too young for the main pool, who want to join in the fun!

- Dates:** Every Saturday
- Times:** 11.15am - 11.45am Inflatable available  
11.45am - 12.30pm Floats only

## WaterWalkerz

Ever wanted to walk on water? Come and try our giant inflatable waterwalkerz! Guaranteed to be a bundle of fun for people of all ages!

- Date:** Thursday 8, Monday 12 and Thursday 15
- Time:** 11.00am - 12.00noon
- Ages:** 8+yrs
- Price:** £3.10

Participants must be under 15 stone, suffer from no heart complaints and not be pregnant.

## Intensive Swimming Lessons

Tuesday 6 to Friday 16 April  
Stage 1

An introduction to the water for those with little or no experience of swimming. Confidence is encouraged largely through informal play to develop travel through the water using arms and legs.

- Time:** 9.00am - 9.30am
- Age:** 4+yrs
- Price:** £20.80 (4 day course)  
£26.00 (5 day course)

Stage 2  
For those that have progressed through stage 1, water confidence is built on and travelling on the front and back is progressed to more recognised strokes without the assistance of floats. Upon passing this Stage, pupils move

into the shallow end of the Main Pool so some lessons may end with time in the Main Pool to build confidence.

- Time:** 9.30am - 10.00am
- Age:** 4+yrs
- rice:** £20.80 (4 day course)  
£26.00 (5 day course)

## Stage 3

This stage moves on to build on the foundation developed in Stages 1 and 2. Swimmers start to develop control in breathing and experiment with different methods of propulsion. Push and gliding are a main focus point as well as Swimming with recognised strokes for 10metres on the front and back without assistance.

- Time:** 9.00am - 9.30am
- Age:** 4+yrs
- rice:** £20.80 (4 day course)  
£26.00 (5 day course)

## Stage 4

The focus is now on building competence in the basic strokes and introducing skills such as sculling, treading water and swimming underwater. Pupils should now be completely at ease in the water, therefore instructors will be looking to build pupils stamina which will allow pupils to swim a whole length.

- Time:** 9.30am - 10.00am
- Ages:** 4+yrs
- Price:** £20.80 (4 day course)  
£26.00 (5 day course)



The 816 Gym is open throughout the holidays\*

- Monday - Thursday**  
10.00am - 3.00pm Parental supervision  
3.00pm - 8.00pm Instructor supervised
- Friday**  
10.00am - 3.00pm Parental supervision  
3.00pm - 7.30pm Instructor supervised
- Saturday**  
10.00am - 4.00pm Parental supervision
- Sunday**  
10.00am - 4.00pm Parental supervision  
\* Induction required.

**Pirates Paradise**  
Open throughout the holidays

# Easter Holiday Swim Times

## Main Pool

- Monday\* (12 April only)**  
6.30am - 8.45am Early risers (lane swim)  
9.00am - 10.00am Intensive swimming lessons  
Public swim  
Lane swim  
Club Active swim  
Family swim  
Public swim
- Tuesdays**  
6.30am - 9.00am Early risers (lane swim)  
9.00am - 10.00am Intensive swimming lessons  
Public swim  
Lane swim  
Public swim  
Family swim  
Public swim  
(6.00pm - 8.00pm private lesson lane)
- Wednesdays**  
6.30am - 8.30am Early risers (lane swim)  
9.00am - 10.00am Intensive swimming lessons  
Public swim  
Lane swim  
Adults only  
Club Active swim  
Public swim  
Family swim  
Aqua Aerobics  
Adults only (lane swim)
- Thursdays**  
6.30am - 8.30am Early risers (lane swim)  
9.00am - 10.00am Intensive swimming lessons  
Public swim  
Lane swim  
Adults only  
Club Active swim  
Public swim  
Family swim  
WaterWalkerz  
Public swim  
Lane swim  
Public swim  
Club Active swim  
Family swim  
Public swim  
Waterpolo Club  
Adults only
- Fridays\* (9 April only)**  
6.30am - 8.45am Early risers (lane swim)  
9.00am - 10.00am Intensive swimming lessons  
Public swim  
Lane swim  
Public swim  
Club Active swim  
Family swim  
Public swim
- Saturdays**  
8.30am - 9.30am Early risers (lane swim)  
9.45am - 11.00am Public swim  
11.15am - 12noon Inflatable fun swim  
12noon - 12.30pm Fun swim (floats only)  
12.45pm - 1.45pm Adults only (lane swim)  
2.00pm - 3.00pm Family swim  
3.00pm - 5.30pm Public swim  
(3.00pm - 4.00pm subject to private hire)
- Sundays**  
7.30am - 8.30am Early risers (lane swim)  
8.45am - 10.00am Family swim  
10.00am - 12.15pm Public swim  
12.30pm - 1.30pm Adults only (lane swim)  
1.45pm - 5.00pm Public swim  
5.00pm - 6.00pm ½ lane, ½ public swim

## Learner Pool

- Monday\* (12 April only)**  
6.30am - 8.45am Public swim  
9.00am - 10.00am Intensive swimming lessons  
Public swim  
Parent and under 8s  
Parents and under 5s  
Parents and under 5s  
Parents and under 8s  
Aqua Aerobics  
Adults only
- Tuesdays**  
6.30am - 9.00am Public swim  
9.00am - 10.00am Intensive swimming lessons  
Public swim  
Parents and under 8s  
Parents and under 5s  
Parents and under 5s  
Parents and under 8s  
Public swim
- Wednesdays**  
6.30am - 8.30am Public swim  
9.00am - 10.00am Intensive swimming lessons  
Public swim  
Parents and under 8s  
Parents and under 5s  
Parents and under 5s  
Parents and under 8s  
Aqua Aerobics  
Public swim
- Thursdays**  
6.30am - 8.30am Public swim  
9.00am - 10.00am Intensive swimming lessons  
Public swim  
Parents and under 8s  
Parents and under 5s  
Parents and under 5s  
Parents and under 8s  
Public swim
- Fridays**  
6.30am - 8.45am Public swim  
9.00am - 10.00am Intensive swimming lessons  
Public swim  
Parents and under 8s  
Parent and under 5s  
Parent and under 5s  
Parent and under 8s  
Public swim
- Saturdays**  
8.30am - 9.30am Public swim  
9.45am - 11.00am Parent and under 8s  
11.15am - 12.30pm Fun swim  
12.45pm - 1.45pm Parents and under 5s  
2.00pm - 5.30pm Parents and under 8s  
(3.00pm - 4.00pm subject to private hire)
- Sundays**  
7.30am - 8.30am Public swim  
8.45am - 10.30am Parents and under 5s  
10.30am - 12.15pm Parents and under 8s  
12.30pm - 1.30pm Parents and under 5s  
1.45pm - 6.00pm Parents and under 8s

## Main Pool Bank Holiday

- 6.30am - 8.45am Early risers
- 9.00am - 12.15pm Public swim
- 12.30pm - 1.30pm Lane swim

## Learner Pool Bank Holiday

- 6.30am - 8.45am Public swim
- 9.00am - 12.15pm Parent and under 8s
- 12.30pm - 1.30pm Parent and under 8s



\* Friday 2 April and Monday 5 April Bank Holiday swim times apply.

# Spring Half Term Activities

## Day Camps

Day Camps are designed to stimulate and entertain your children. Each day consists of a mixture of sports, arts and crafts, team games and use of our 816 gym.\* All activities are supervised by our professional, enthusiastic and friendly staff. If staying for a full day a packed lunch should be brought along with plenty of drink. We have vending machines on site for children to purchase refreshments.

**Age:** 5 - 7yrs (Pirates) and 8 - 14yrs (Buccaneers)  
**Time:** Full Day 8.30am - 5.30pm  
 Morning 8.30am - 12.00noon  
 Afternoon 12.00noon - 5.30pm  
**Price:** Full Day 1st Child £19.50  
 Full Day 2nd Child £15.50  
 Weekly 1st Child £70.00  
 2nd Child £62.00  
 Half Day 1st Child £12.50  
 Half Day 2nd Child £8.50

Drop-off and pick-up Studio 2

## Messy Kids

This session is extremely popular with our younger members and consists of a fun-filled morning of art, crafts and initiative ways of creating pieces of art. Children should wear old clothing as they are likely to get messy!!

**Date:** Wednesday 2 June  
**Age:** 3 - 5yrs  
**Time:** 9.30am - 12.00noon  
**Price:** £7.70

## Gym Tots

This class is designed to introduce children to the world of gymnastics, improving children's balance and coordination whilst maintaining a fun element through music and song under the supervision of our qualified Gym Tots team.

**Date:** Wednesday 2 June  
**Time:** 9.30am - 10.15am  
**Age:** 3 and 4 yrs  
**Time:** 10.15am - 11.00am  
**Age:** Under 2  
**Time:** 11.00am - 11.45am  
**Age:** 2yrs  
**Price:** £4.65

## In the Pool

### Inflatable Fun Time

Our 14 metre pool inflatable is challenging to say the least not to mention the leisure attendants aiming freezing cold water at you! Think you can conquer it? Come and give it a try! The main pool has a section with a selection of fun floats to play games with. The Learner pool is also open with fun floats for those slightly too young for the main pool, who want to join in the fun!

**Dates:** Every Saturday  
**Times:** 11.15am - 11.45am Inflatable available  
 11.45am - 12.30pm Floats only

### Intensive Swimming Lessons.

**Tuesday 1 - Friday 4 June**  
**Stage 1**

An introduction to the water for those with little or no experience of swimming. Confidence is encouraged largely through informal play to develop travel through the water using arms and legs  
**Time:** 9.00am - 9.30am  
**Age:** 4+yrs  
**Price:** £20.80 (4 day course)

### Stage 2

For those that have progressed through stage 1, water confidence is built on and travelling on the front and back is progressed to more recognised strokes without the assistance of floats. Upon passing this Stage, pupils move into the shallow end of the Main Pool so some lessons may end with time in the Main Pool to build confidence.  
**Time:** 9.30am - 10.00am  
**Age:** 4+yrs  
**Price:** £20.80 (4 day course)

### Stage 3

This stage moves on to build on the foundation developed in Stages 1 and 2. Swimmers start to develop control in breathing and experiment with different methods of propulsion. Push and gliding are a main focus point as well as Swimming with recognised strokes for 10metres on the front and back without assistance.  
**Time:** 9.00am - 9.30am  
**Age:** 4+yrs  
**Price:** £20.80 (4 day course)

### Stage 4

The focus is now on building competence in the basic strokes and introducing skills such as sculling, treading water and swimming underwater. Pupils should now be completely at ease in the water, therefore instructors will be looking to build pupils stamina which will allow pupils to swim a whole length.  
**Time:** 9.30am - 10.00am  
**Ages:** 4+yrs  
**Price:** £20.80 (4 day course)

### ASA Swim Course Lessons

Why not have a taster or booster lesson at an incredible price?! Lessons will be taken by student teachers under the watchful eye of a fully qualified ASA tutor. A great way to get some extra practice to improve confidence and help with progression through the ASA stages.

Stages Available: Stages 1-7

**Date:** Friday 4 June  
**Time:** 10.00am - 12.00noon  
**Date:** Saturday 5 June  
**Time:** 2.00pm - 4.00pm  
**Price:** £1.00 per lesson!!!  
**Length of Activity:** 30 minutes per lesson



The 816 Gym is open throughout the holidays\*  
**Monday - Thursday** Parental supervision  
 10.00am - 3.00pm Instructor supervised  
 3.00pm - 8.00pm  
**Friday** Parental supervision  
 10.00am - 3.00pm Instructor supervised  
 3.00pm - 7.30pm  
**Saturday** Parental supervision  
 10.00am - 4.00pm  
**Sunday** Parental supervision  
 10.00am - 4.00pm  
 \* Induction required.

# Spring Half Term Swim Times

## Main Pool

**Monday\***  
 6.30am - 8.45am  
 9.00am - 12.15pm  
 12.30pm - 1.30pm

Early risers  
 Public swim  
 Lane swim

**Tuesday**  
 6.30am - 9.00am  
 9.00am - 10.00am

Early risers (lane swim)  
 Intensive swimming lessons

10.00am - 12noon  
 12noon - 1.30pm  
 1.45pm - 3.55pm  
 4.00pm - 6.00pm

Closed for ASA course  
 Lane swim  
 Public swim  
 Closed for Swim Academy

6.00pm - 8.00pm  
 (6.00pm - 8.00pm private lesson lane)  
 8.00pm - 10.00pm

Public swim  
 Public swim  
 Adults only

**Wednesday**  
 6.30am - 8.30am  
 9.00am - 10.00am

Early risers (lane swim)  
 Intensive swimming lessons

10.00am - 12noon  
 12.15pm - 1.30pm  
 1.45pm - 3.00pm  
 3.00pm - 3.55pm  
 4.00pm - 8.00pm

Closed for ASA course  
 Lane swim  
 Adults only  
 Club Active swim  
 Closed for Swim Academy

8.05pm - 8.50pm  
 9.00pm - 10.00pm

Aqua Aerobics  
 Adults only (lane swim)

**Thursday**  
 6.30am - 8.30am  
 9.00am - 10.00am

Early risers (lane swim)  
 Intensive swimming lessons

10.00am - 12noon  
 12.30pm - 1.30pm  
 1.45pm - 3.00pm  
 3.00pm - 3.55pm  
 4.00pm - 5.25pm

Closed for ASA course  
 Lane swim  
 Public swim  
 Club Active swim  
 Closed for Swim Academy

5.25pm - 6.30pm  
 6.30pm - 7.30pm  
 7.30pm - 8.30pm  
 8.45pm - 10.00pm

Family swim  
 Public swim  
 Waterpolo club  
 Adults only

**Friday**  
 6.30am - 8.45am  
 9.00am - 10.00am

Early risers (lane swim)  
 Intensive swimming lessons

10.00am - 12noon  
 12.15pm - 1.30pm  
 1.30pm - 3.00pm  
 3.00pm - 3.55pm  
 4.00pm - 7.30pm

ASA course lessons  
 Lane swim  
 Public swim\*\*  
 Club Active swim  
 Closed for Swim Academy

**Saturday**  
 8.30am - 11.00am

Closed for Swim Academy  
 Inflatable fun swim  
 Fun swim (floats only)  
 Adults only (lane swim)  
 ASA course lessons  
 Public swim\*\*

1.45pm - 3.55pm  
 4.00pm - 5.25pm

Parents and under 5s  
 Closed for Swim Academy  
 Parents and under 8s  
 Public swim

11.15am - 12noon  
 12noon - 12.30pm  
 12.45pm - 1.45pm  
 2.00pm - 4.00pm  
 4.00pm - 5.30pm

Early risers(lane swim)  
 Family swim  
 Public swim  
 Adults only (lane swim)  
 Public swim  
 ½ Lane, ½ public swim

5.25pm - 7.30pm  
 8.45pm - 10.00pm

**Friday**  
 6.30am - 8.45am  
 9.00am - 10.00am

Public swim  
 Intensive swimming lessons

10.00am - 12noon  
 12.15pm - 1.30pm  
 1.45pm - 3.30pm  
 3.30pm - 7.30pm

ASA course lessons  
 Parents and under 5s  
 Parents and under 5s  
 Closed for Swim Academy

**Saturday**  
 8.30am - 11.00am

Closed for Swim Academy  
 Fun swim  
 Parents and under 5s  
 ASA course lessons  
 Parents and under 8s

11.15am - 12.30pm  
 12.45pm - 1.45pm  
 2.00pm - 4.00pm  
 4.00pm - 5.30pm

Public swim  
 Parents and under 5s  
 Parents and under 8s  
 Parents and under 5s  
 Parents and under 8s

**Sunday**  
 7.30am - 8.30am  
 8.45am - 10.30am  
 10.30am - 12.15pm  
 12.30pm - 1.30pm  
 1.45pm - 6.00pm

Public swim  
 Parents and under 5s  
 Parents and under 8s  
 Parents and under 5s  
 Parents and under 8s

\*Monday 31 May bank holiday swim and opening times apply.  
 \*\* Two lanes of the pool will be in use for the ASA course.



# Easter and Spring

## Holiday Programmes

Friday 2 April - Sunday 18 April  
 Saturday 29 May - Sunday 6 June

applemore  
kids